

Domestic Violence Bystander Intervention Training

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**Jewish Family Service Association of Cleveland
Family Violence Services**

Family Violence Services

- Community based domestic violence services—Comprehensive case management and advocacy
- Utilizing the Empowerment Model & Trauma Informed Care Approach
 - Case Management
 - Support Groups

Dispelling the Myths

- “I have to be Jewish to benefit from all of JFSA’s services.”
- “I will be forced to leave my significant other if I report abuse.”
- “There are no services for men.”
- “There are no services for same-sex couples.”



Become empowered to help.



What is bystander intervention?

by·stand·er in·ter·ven·tion (\'bī-, stan-dər\
\\, in-tər-'ven(t)-shən\\):

Intervening if you see or hear
behaviors that promote domestic
and sexual violence.

You can make a difference

After a supervisor protected confidential information:

I felt safe and supported.

- J. (Domestic violence survivor, age 45)

After a colleague reached to talk to a survivor of domestic violence and sexual assault, M. felt:

*validated, cared for [and] less isolated;
challenged the negative things the abuser said
to the victim.*

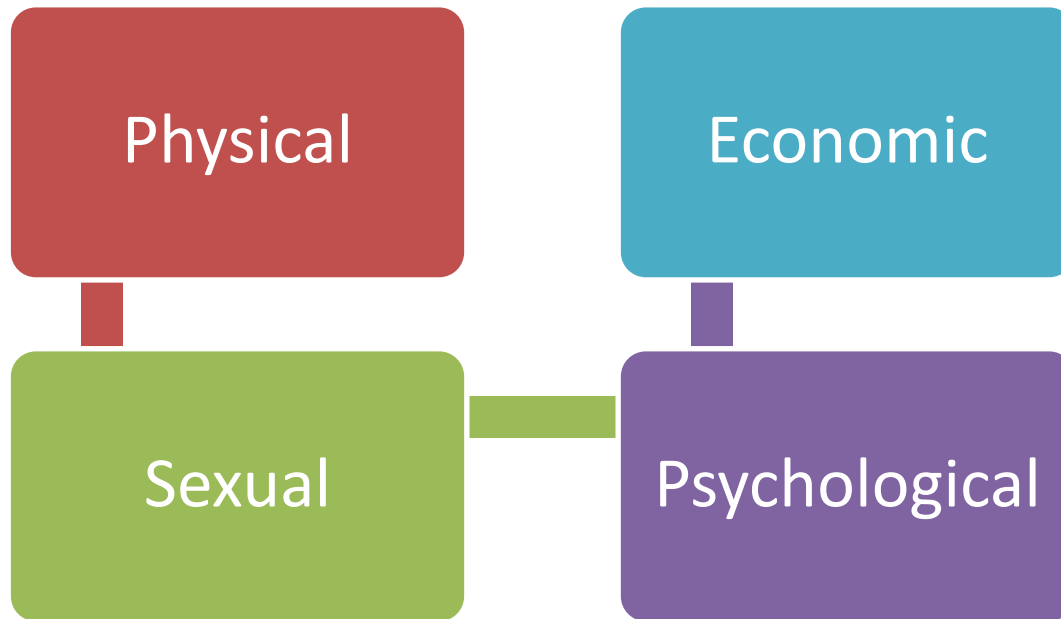
- M. (Age 39)

Understanding Domestic Violence

What is domestic violence?



What are the types of domestic violence?



What are the dynamics of domestic violence?



how might abusers exert power and control?



Technology to abuse



Threats



Monitor



Stalk

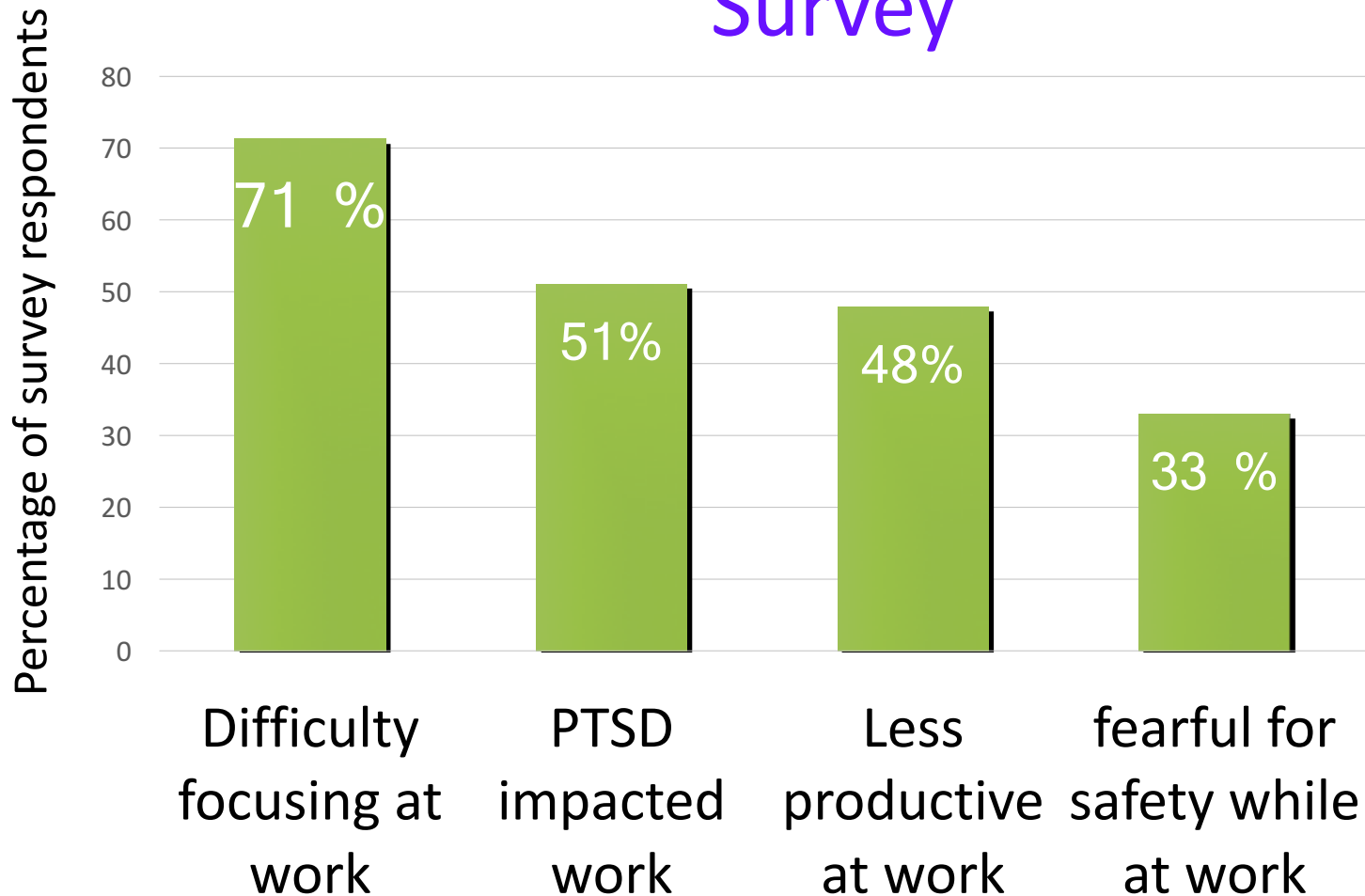


Impersonate

Impacts of Domestic Violence

- 64% of victims said abuse affected work performance
- 26% of victims experienced more absenteeism
- Victims are more likely to experience: stroke, heart disease, asthma, heavy drinking

Domestic Violence & Sexual Assault Survivor Work Impact Survey



Signs in the Workplace



Why do victims stay?

#WhyIstayed
#WhyIleft

SAFETY



HOPE *for*
CHANGE



THREATS



Bachman, R. and Salzman, L., U.S. Bureau of Justice Statistics. *Violence Against Women: Estimates From the Redesigned Survey 1.* (January 2000).

SEE THE
SIGNS
speak out

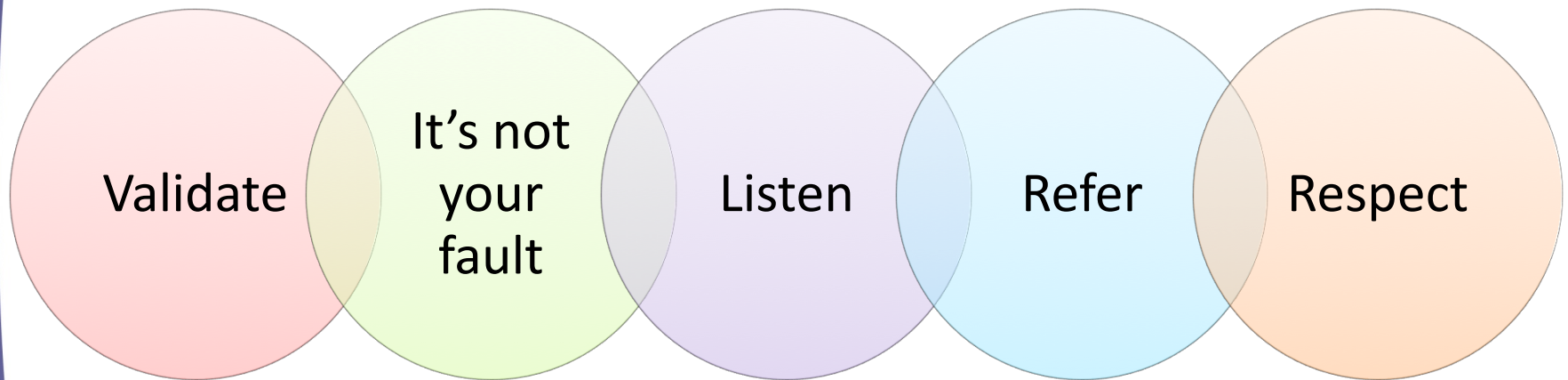
After you take action:

“Leaving is a process that takes careful planning. People often times don't leave overnight so be patient with them. There are many barriers. Link them with trained DV counselors/services in the area who can help eliminate those barriers.”

– M.

(domestic violence & sexual assault survivor, age 39)

Support



Voices of survivors: *if you could give one message to workplaces about domestic violence, what would it be?*

Just listen.

- K. (female survivor of domestic violence and sexual assault, age 29)

Believe them.

-M. (female sexual assault survivor, age 28)

Be supportive and understanding.

- R. (female survivor of human trafficking/other form sexual violence, age 25)

Don't blame the survivor.

-C. (female survivor of domestic violence, age 44)

Knowing you have people that care *can mean everything* to someone suffering from domestic violence.

- S. (Domestic violence survivor, age not disclosed, emphasis added)

Thank you for participating and helping your staff. It is a huge step in the right direction!

-K. (Female domestic violence/sexual assault survivor, age 46)

Respond

- Refer to Family Violence Services at JFSA
- Lake County Shelter



Respect Choices



Empower survivors

**“I AM ONLY ONE, BUT
I AM ONE. I CANNOT
DO EVERYTHING, BUT
I CAN DO SOMETHING.
AND I WILL NOT LET
WHAT I CANNOT DO
INTERFERE WITH
WHAT I CAN DO.”**

- EDWARD EVERETT HALE

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Questions?